

YOGA for Children with Autism and Special Needs

LEVEL 1

12-Hour Training Course

for yoga teachers, educators and therapists

Yoga teachers, OT's and OTA's may use these hours for CEU's or toward Advanced Yoga Alliance certifications.

Saturday, January 25 | 1pm – 6pm

Sunday, January 26 | 9am – 5pm

Yoga Center of Deerfield Beach

827 SE 9th Street

Deerfield Beach, FL 33441

The Training Course Includes:

- Louise's first book: *Yoga Therapy for Children with Autism and Special Needs*
- *Yoga for Children Video*
- *Certification*

Course Cost: \$295

Instructor: Louise Goldberg & faculty

Register by: January 18, 2020



- Learn to teach yoga to children with Autism Spectrum Disorders, ADHD, Sensory Processing Disorders, Anxiety
- Effective communication techniques
- Curriculum for varied learning styles
- Developing self-regulation skills
- Yoga for public schools, groups & privates
- HAVING FUN

Register online for both Level 1 & Level 2 and SAVE! Visit [creativerelaxation.net/cr](https://www.creativerelaxation.net/cr) for more details.



A Creative Relaxation® Certification Course

The teaching principles of Creative Relaxation®

- Create a sacred space
- Engage the child
- Provide tools for success
- Develop opportunities for independence

Louise Goldberg

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954-579-1604

REGISTRATION FORM

or online at <https://www.creativerelaxation.net/cr>

NAME _____

ADDRESS _____

PHONE _____

CELL _____

E-MAIL _____

Please include this form with your payment and send to: Relaxation Now • PO Box 93-6123 • Margate, FL 33093

Louise Goldberg, MA, ERYT500, C-IAYT, is the author of *Yoga Therapy for Children with Autism and Special Needs*, (2013) and *Classroom Yoga Breaks* (2017) and is co-author of *S.T.O.P. and Relax, Your Yoga Special Needs Toolbox*©2006. She has been a consultant for the Broward schools for over 25 year and is the owner/director of the Yoga Center of Deerfield Beach. Louise leads teacher trainings internationally.

