**LEVEL 1**

**12-Hour Training Course**
for yoga teachers, educators and therapists

Yoga teachers, OT’s and OTA’s may use these hours for CEU’s or toward Advanced Yoga Alliance certifications.

Saturday, January 25 | 1pm – 6pm
Sunday, January 26 | 9am – 5pm

Yoga Center of Deerfield Beach
827 SE 9th Street
Deerfield Beach, FL 33441

**The Training Course Includes:**
- Louise’s first book: *Yoga Therapy for Children with Autism and Special Needs*
- Yoga for Children Video
- Certification

**Course Cost:** $295

**Instructor:** Louise Goldberg & faculty

**Register by:** January 18, 2020

- Learn to teach yoga to children with Autism Spectrum Disorders, ADHD, Sensory Processing Disorders, Anxiety
- Effective communication techniques
- Curriculum for varied learning styles
- Developing self-regulation skills
- Yoga for public schools, groups & privates
- HAVING FUN

**A Creative Relaxation® Certification Course**

Louise Goldberg, MA, ERYT500, C-IAYT, is the author of *Yoga Therapy for Children with Autism and Special Needs*, (2013) and *Classroom Yoga Breaks* (2017) and is co-author of *S.T.O.P. and Relax, Your Yoga Special Needs Toolbox*©2006. She has been a consultant for the Broward schools for over 25 year and is the owner/director of the Yoga Center of Deerfield Beach. Louise leads teacher trainings internationally.

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