YOGA TRAINING
THIS TRAINING IS FOR YOGA TEACHERS, THERAPISTS AND EDUCATORS.

CHILDREN'S YTT W/LOUIS GOLDBERG

LEVEL 1 - YOGA FOR CHILDREN WITH SPECIAL NEEDS

- Learn to teach yoga to children with Autism, ADHD, Sensory Processing Disorders, Anxiety for development of self-regulation skills
- Effective Communication Techniques and Curriculum for varied learning styles
- Yoga for public schools, groups and privates

YOGA THERAPY for CHILDREN with AUTISM and SPECIAL NEEDS

Attend Level 1 and Classroom Breaks for $420

Eighteenth Element Yoga
5050 Edison Ave Suite 115
Colorado Springs, CO 80915
Saturday June, 29th 1:00 - 6:00
Sunday June, 30th - 9:00 - 5:00

Early Bird Registration: $325
Cost: $380
Late Registration $425
Register at: WWW.EighteenthElementYoga.com

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CHILDREN'S YTT
W/LOUISE GOLDBERG
CLASSROOM YOGA
BREAKS

Module C: Self-Awareness,
Intention & Meditation

- Learn to implement one-minute
  exercises or extended lessons,
  seated or standing
- Curriculum includes movement,
  breathing, focus, relaxation,
  mindfulness, self-calming,
  discussion and creative expression.
- Learn to teach kids to think for
  themselves and control emotions

Eighteenth Element Yoga
5050 Edison Ave Suite 115
Colorado Springs, CO 80915
Friday June, 28th 4:00 - 8:00

Early Bird Registration: $100
Cost: $130
Late Registration $165
Register at:
WWW.EighteenthElementYoga.com