

# YOGA for Children with Autism and Special Needs

LEVEL 1

IN-PERSON OR VIA ZOOM

## 13-Hour Certification Course

for yoga teachers, educators and therapists

*Yoga teachers, C-IAYT's, OT's & OTA's may use these hours for CEU's or toward Advanced Yoga Alliance certifications.*

Saturday, December 4 | 1:15pm – 6:15pm

Sunday, December 5 | 9:00am – 5:00pm

Yoga Center of Deerfield Beach

811 SE 8th Ave, Suite 207

Deerfield Beach, FL 33441

## Course Curriculum:

Louise's first book: *Yoga Therapy for Children with Autism and Special Needs*

*Please bring your own copy, or copies may be purchased at the Yoga Center or on-line.*

**Course Cost:** \$225

**Instructor:** Louise Goldberg, MA, ERYT500, C-IAYT

In-Studio space limited for social distancing. Vaccinated ONLY in-studio at this time.



- Learn to teach yoga to children with Autism Spectrum Disorders, ADHD, Sensory Processing Disorders, Anxiety
- Effective communication techniques
- Curriculum for varied learning styles
- Developing self-regulation skills
- Yoga for public schools, groups & privates
- HAVING FUN

### The teaching principles of Creative Relaxation®

- Create a sacred space
- Engage the child
- Provide tools for success
- Develop opportunities for independence



A Creative Relaxation® Certification Course

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[www.creativerelaxation.net/cr](http://www.creativerelaxation.net/cr)

## REGISTRATION INFO

Visit below to register.

In-Studio: Click [HERE](#)



On-Line: Click [HERE](#)



Louise Goldberg, MA, ERYT500, C-IAYT, is the author of *Yoga Therapy for Children with Autism and Special Needs*, (2013) and *Classroom Yoga Breaks* (2017) and is co-author of *S.T.O.P. and Relax, Your Yoga Special Needs Toolbox*©2016, Rev 2014. She has been a consultant for the Broward schools, teaches internationally, and is the owner/director of the Yoga Center of Deerfield Beach.

