Road to Joy Visits Almalfi Coast

June 20 – 27, 2020

Our cozy residence-styled home, renovated in 2015, overlooks the quintessential fishing bay of Marina della Lobra on the Sorrento Coast. The history of this area dates back to ancient Rome. The intimate Sea Breeze residence has 14 guestrooms, with 6 rooms offering a view of the sea. All rooms have air-conditioning, private bath, and TV. A large communal terrace provides an exclusive view of the bay. First 6 deposits get the sea view rooms!!!

After gentle morning yoga, led by Louise Goldberg, (500RYT, LMT, C-IAYT), we will have a buffet breakfast and head off for a daily adventure. Excursions include a cooking class, trips to Capri, Ravello, Positano, and Villa Oplontis (a suburb of Pompeii), and other surprises!

Trip includes:

- Two meals a day
- Daily excursions
- Daily morning yoga class
- Transfers to/from Naples airport
- Double occupancy with half board

Early bird price $2150 (by January 15, 2020); afterwards $2450 Deposit of $750 holds your place. Please contact Kathy Hurley at hurles1@aol.com for more information, pictures or any questions. Looking forward to another new adventure with our yoga family!!!