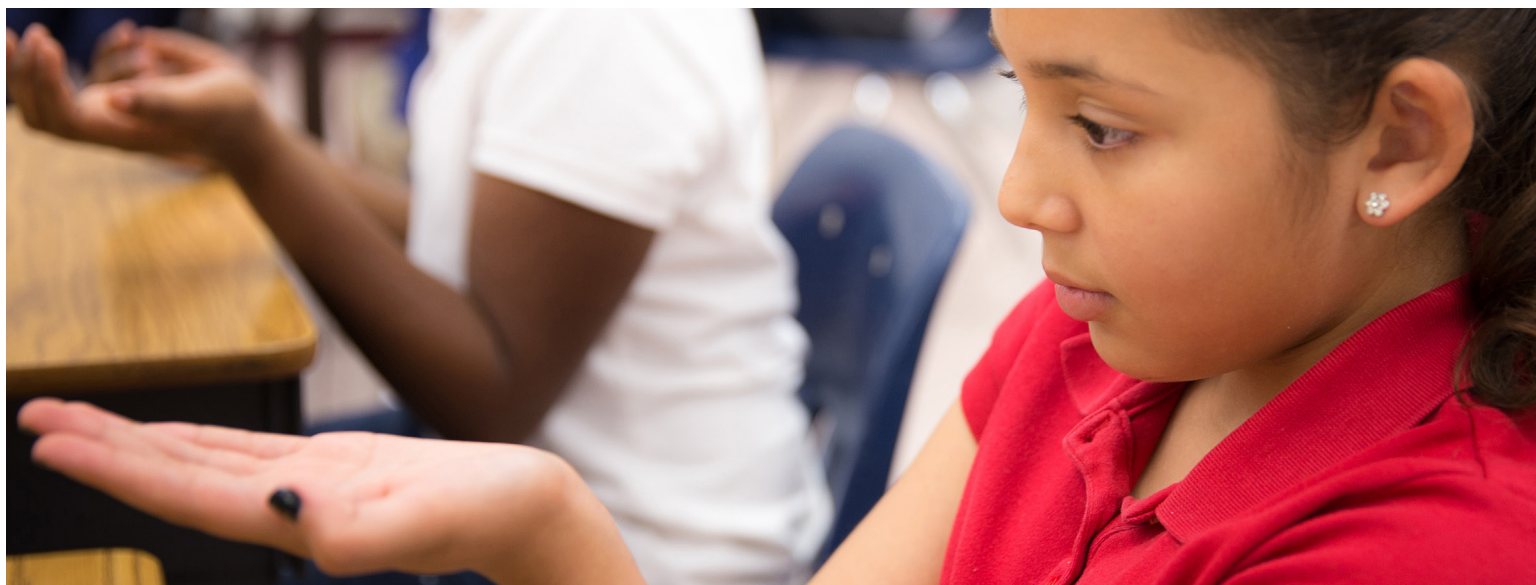


CLASSROOM YOGA BREAKS

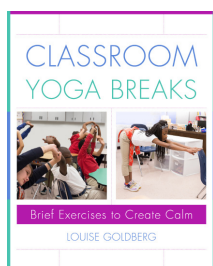


MODULE C/D

SOCIAL EMOTIONAL LEARNING, CHANGING BRAINS, AND CLASSROOM FUN

With Louise Goldberg, MA, C-IAYT, ERYT 500
with special guest teacher - Stephanie Trew

- Movement, breath, and learning
- Self-management and responsible decision-making
- Elevating self-esteem and creating trust
- Partnering, sharing, and having fun!



SUNDAY, MAY 17, 2020

8:00 AM - 5:00 PM

\$150 (bring your own textbook).

Yoga Center of Deerfield Beach
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Louise Goldberg is the founder of Creative Relaxation® and author of Yoga Therapy for Children with Autism and Special Needs.

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